

Thame Adult Carer Group

Our group is for parents and carers of people on the autism spectrum in their teens or adults of any age. We talk about issues of interest or concern and pass on information to each other, and we look for more information when its needed. We have mutual understanding of each others' concerns and support each other when it's needed, also celebrating successes which might seem minor to other people but we understand to be major achievements for our sons & daughters.

Please note the details of our next 3 meetings, all **7.30pm – 9.30pm at Thame Barns Centre**:

Thursday 7th April

Tuesday 24th May

Wednesday 29th June – with Sue from South & Vale Carers Centre, talking about benefits and (hopefully) mental capacity.

Look forward to seeing you there – please let me know you are coming so we can plan refreshments.

Many thanks,

Kathy

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