

ASD Teens and Adults

Adult Social Care in Oxfordshire: www.takingcontroloxon.org.uk and has downloads, forms, guides and links.

ACCESS Team: access@oxfordshire.gov.uk

Access Team
PO Box 780
Oxford
OX1 9GX
TEL: 0845 050 7666

The access team can help with general queries and put you in contact with the right team of people .

RESTORE: www.restore.org.uk or call 0845 250 0518 to help support adults with mental health problems.

Oxford Aspies Pub Group: Nick Keene – nicholaskeene@btinternet.com

Oxford Aspies is an informal group of people with Aspergers (plus 2 or 3 "neurotypical" volunteers) who meet twice a month at the King's Arms in Central Oxford on the second and fourth Monday of the month 5.45 - 7.30pm. The group welcomes new members, men and women of all ages (minimum age 18). The pub has reserved a room for them on the right as you go in through the main door. There are usually between ten and twenty people there, snacks are available from the pub for those that want them. Sometimes the group does a quiz, sometimes people play board games, some people just like to read. Mainly people sit and talk. Sometimes they arrange other activities, like going for a meal or to see a film. There is a wealth of experience in the group, so if you have a problem with your work, accommodation, finding the right place to do a course etc. there is usually someone who can give advice. Many new members bring a friend or family member to start with to help them to feel comfortable while they get to know people. They also keep in touch between meetings through their own yahoo group.

For further information, or if you want to come, but would like an initial contact by email, so that you know someone is looking out for you please contact nicholaskeene@btinternet.com

Thame Aspies Support Group: <https://sites.google.com/site/thameaspergerssocialgroup/home>.
Paul Issacs is the contact.